

## Case Report

# Fibrillary glomerulonephritis with anti-glomerular basement membrane antibody: a combined glomerular insult

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**Abstract:** Rapidly progressive glomerulonephritis (RPGN) is a clinical syndrome characterized by quick and propagative deterioration of renal function with loosing 50% or more of renal function within three months. RPGN is associated with cellular crescents in more than 50% of glomeruli; hence it is called crescentic glomerulonephritis. We report a 47-year-old patient who presents with RPGN associated with fibrillary glomerulonephritis (FGN) and positive antiglomerular basement membrane (anti-GBM) antibody. In conclusion, FGN should be suspected in any case of RPGN presents with a nephrotic range of proteinuria. Although light microscopic and immunofluorescent studies in a renal biopsy are essential, electron microscopic study is the gold standard in establishing the diagnosis of FGN. FGN and Anti-GBM disease can co-exist as causes of RPGN.

**Keywords:** Crescentic glomerulonephritis, nephrotic syndrome, fibrillary glomerulonephritis, anti-glomerular basement membrane disease

## Introduction

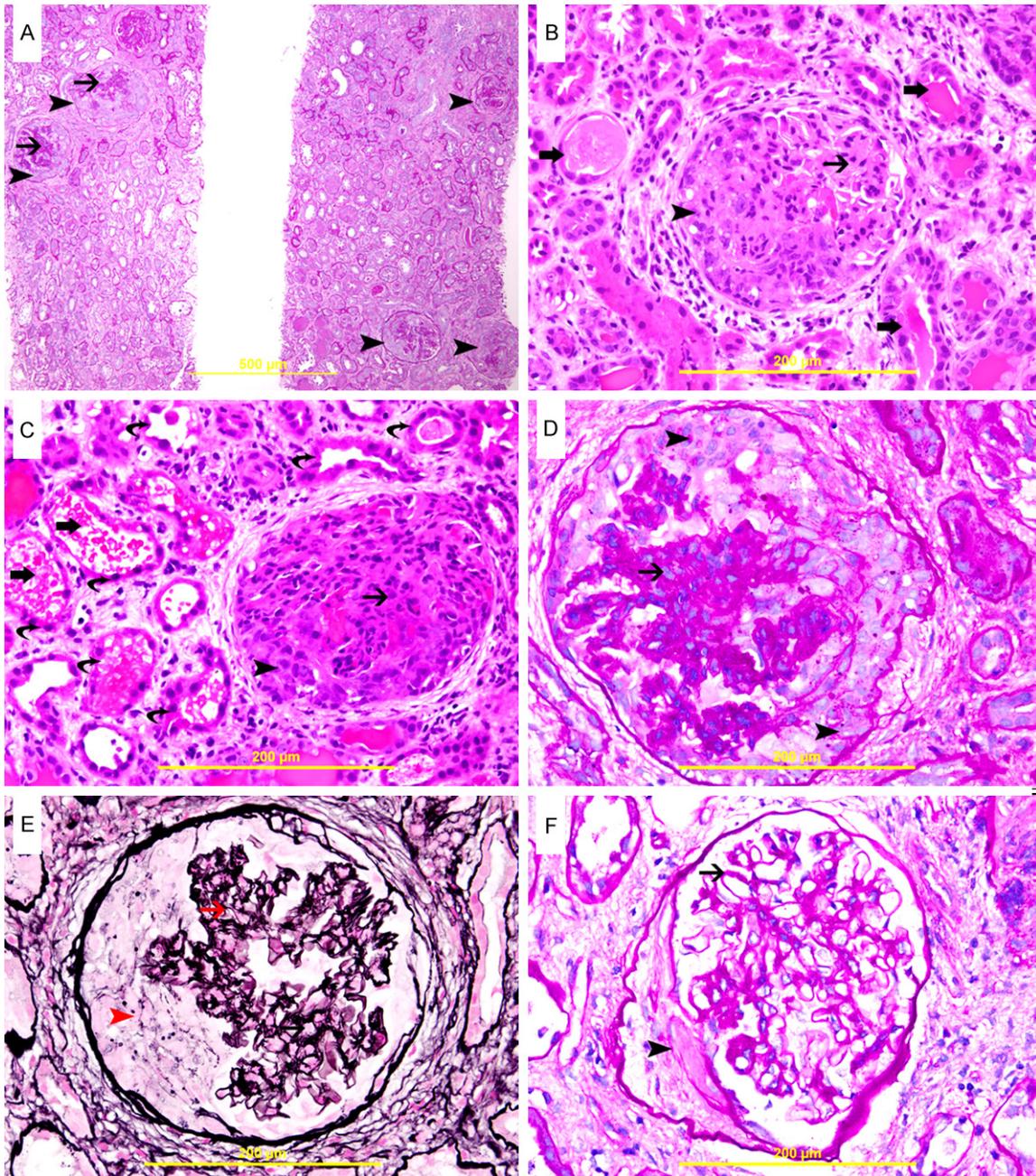
Rapidly progressive glomerulonephritis (RPGN) is a clinical syndrome characterized by quick and propagative deterioration of renal function with loosing 50% or more of renal function within three months. RPGN is associated with cellular crescents in more than 50% of glomeruli; hence it is called Crescentic glomerulonephritis (CGN) [1]. CGN is subclassified morphologically into three subgroups; pauci-immune, anti-glomerular basement membrane (anti-GBM) antibody-associated and immune-complex associated [1]. Most of patients with pauci-immune CGN have positive serum level of antineutrophil cytoplasmic antibody (ANCA) [1]. While patients with anti-GBM antibody-associated CGN have positive serum level of anti-GBM antibody and linear membranous immunoreactivity to IgG and C3 on immunofluorescent study [1]. On the other hand, patients with immune complex-associated CGN show characteristic immunofluorescent and electron

microscopic patterns of immune complex deposition within affected glomeruli. Fibrillary glomerulonephritis (FGN) is a glomerular disease characterized by the deposition of irregularly oriented, elongated, nonbranching fibrils of 10-30 nm thickness in the mesangium and along the capillary walls [2]. Clinically, patients with FGN present with nephrotic-range proteinuria, microscopic hematuria, hypertension, and progressive renal insufficiency, which are similar to our case. These findings occur in the setting of negative serological investigations, ruling out such entities as systemic lupus erythematosus, light-chain disease, and cryoglobulinemia [3]. CGN is seen in almost 5% of FGN [1, 4-7]. In this study we report CGN in a 47-year-old patient with FGN and positive serum anti-GBM antibody.

## Case report

A 47-year-old patient, who is known to be hypertensive for 3 years, presented to the Emergency

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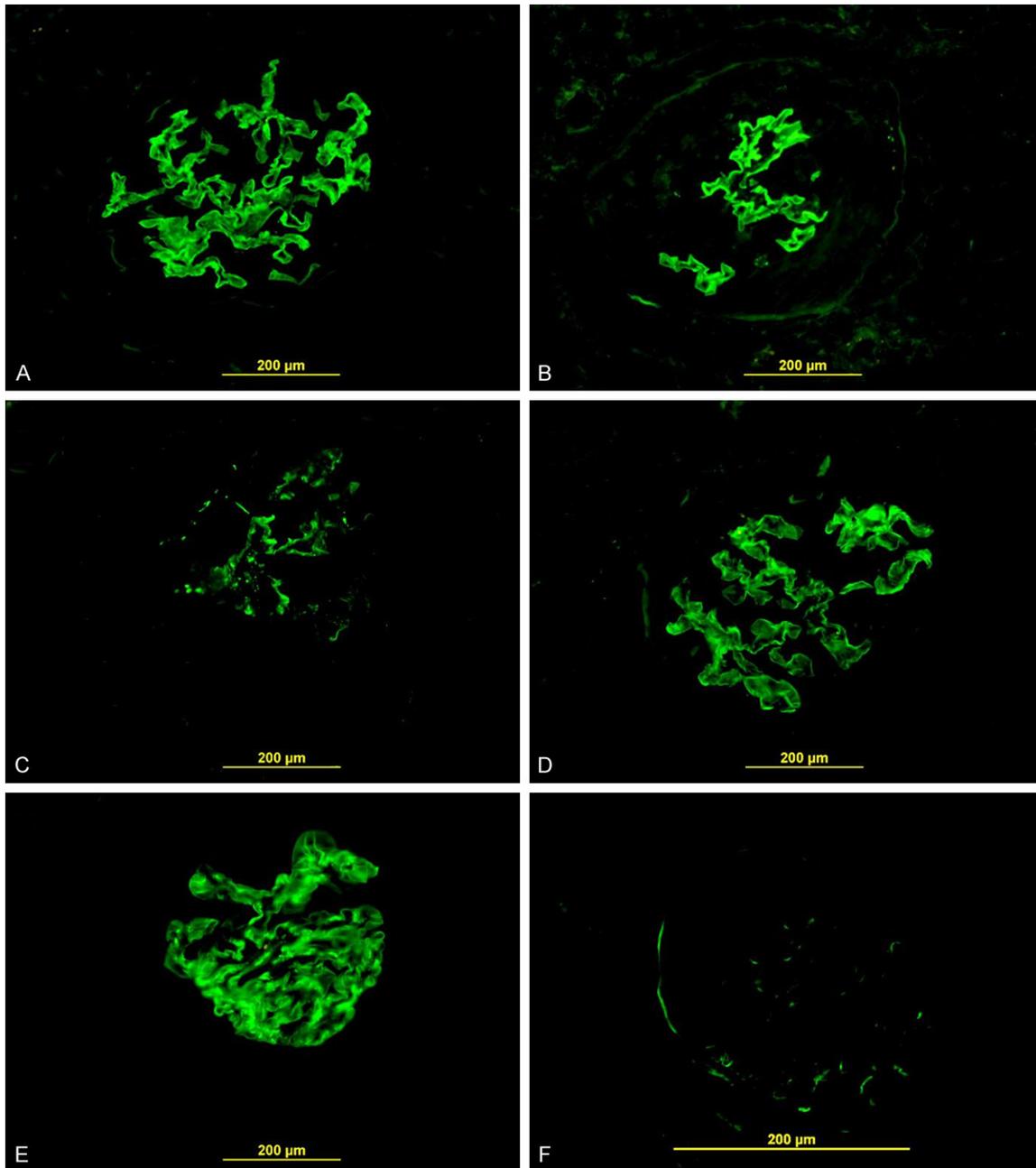


**Figure 1.** A. A low power view showing multiple glomeruli crescents (arrow head) surrounding collapsed glomeruli (thin arrow), periodic acid Schiff stain. B. A high power view showing a cellular crescent (arrow head) surrounding a collapsed glomerulus (thin arrow). There is also acute tubular necrosis affecting proximal convoluted tubules (thick arrow), H&E stain. C. A high power view showing a cellular crescent (arrow head) surrounding a collapsed glomerulus (thin arrow). There is also acute tubular necrosis affecting many tubules (curved arrow), some tubules have a large number of red blood cells filling the lumen (thick arrow), H&E stain. D. A high power view showing a cellular crescent (arrow head) surrounding a collapsed glomerulus (thin arrow), periodic acid Schiff stain. E. A high power view showing a cellular crescent (arrow head) surrounding a collapsed glomerulus (thin arrow), methanamine silver stain. F. A high power view showing a glomerulus with thickening of glomerular basement membrane (thin arrow) and a small fibrous crescent (arrow head).

Room (ER) with nausea, vomiting and bilateral leg edema coupled with a rapid decline in his

renal function and the presence of nephrotic range proteinuria. The patient started to experi-

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**Figure 2.** A, B. High power views show linear membranous immunoreactivity to IgG, C. A high power view shows linear membranous immunoreactivity to C3. D. A high power view shows linear membranous immunoreactivity to Kappa light chain. E. A high power views shows linear membranous immunoreactivity to lambda light chain. F. A high power view shows no immunoreactivity to albumin.

ence generalized body weakness, poor oral intake, nausea, vomiting and hematuria in the past 3 weeks prior to his ER visit. He denied any decrease in urine output, shortness of breath, hemoptysis, and orchest pain. He did not have similar symptoms before. His hypertension was well controlled by medication before this presentation.

On admission, his blood pressure was 165/95 mmHg, pulse rate was 60/min, respiratory rate was 18/minute, temperature was 36.5 C, and oxygen saturation was 100%. Lungs were clear to auscultation. The heart was unremarkable. There was moderate bilateral lower limb pitting edema (+2). Laboratory results showed urea 25.7 mmol/L (2.5-8), creatinine 943 micro-

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mole/L (<133), total protein 42 g/L (64-83), albumin 19 g/L(35-52), Glomerular filtration rate 5 ml/minute/1.73 m<sup>2</sup> (>90), random blood sugar 5.8 mmol/L (2.8-8.8). Liver function tests were unremarkable. Serologic tests for antinuclear antibodies, anti-double stranded DNA antibodies, anti-neutrophil cytoplasmic antibodies, hepatitis B virus and hepatitis C virus were unremarkable. Complement 3 and 4 levels were within normal range. Anti-glomerular basement membrane antibody was positive.

The patient had a nephrotic range of proteinuria with numerous red blood cells in the urine.

The complete blood count was remarkable for Hemoglobin of 75 gm/L (131-172), RBC  $2.8 \times 10^{12}/L$  (4.2-5.6), MCV 78.6 fL (81-101), MCH 26.8 pg (27-35), RDW 17.7% (11.6-14.8), platelets count  $108 \times 10^9/L$  (140-400), mean platelets volume 12.2 fL (7.3-9.7), WBC  $7.8 \times 10^9/L$ , lymphocytes  $0.16 \times 10^9/L$  (1-3.5), neutrophils  $7.6 \times 10^9/L$  (2-8).

The renal function deteriorates rapidly which necessitates starting hemodialysis and arranging for kidney biopsy.

### Pathologic findings

Renal biopsy was performed and we received 3 cores of 1.5 cm in length and 0.1 cm in diameter each. Light microscopic examination reveals renal tissue consists of cortex, medulla and contains 50 glomeruli; 3 of which are globally sclerosed. There are 45 cellular crescents, which compress the affected glomeruli (**Figure 1**). 5 glomeruli are free of crescents and show thickening of glomerular basement membrane with meningeal expansion (**Figure 1F**). Foci of acute tubular injury are seen (**Figure 1B, 1C**). Foci of mild tubular atrophy are also noticed. Some of the tubules show intratubular casts. In addition, some tubules show intratubular free red blood cells (RBC) filling the lumen (**Figure 1C**) and sometimes forming RBC casts. There are foci of mild mixed interstitial inflammatory cells infiltration consists mainly of lymphocytes. Periglomerular fibrosis is seen in 6 glomeruli. Few foci of mild interstitial fibrosis are appreciated. Sampled blood vessels are unremarkable. Immunofluorescent examination reveals linear membranous staining for IgG (+2), C3 (+2), Kappa light chain (+2) and Lambda light chain (+2) (**Figure 2**). Electron microscopic

study reveals thickening of glomerular basement membrane  $0.55 \mu\text{m} \pm 0.15$  (0.23-0.48) with a range of (0.41-0.96  $\mu\text{m}$ ) as well as deposition of fibrillary material in the basement membrane and mesangium (**Figure 3**). The intramembranous, randomly oriented fibrils have a mean diameter of  $13.6 \text{ nm} \pm 2.13$  and a range of (10-18) that infiltrate and thicken the glomerular basement membrane. The fibrils lack hollow centers and parallel stacking. Mesangial deposition of these fibrils is also seen (**Figure 3**). There is severe effacement of foot processes of a podocytes. Congo red stain for amyloid material was negative.

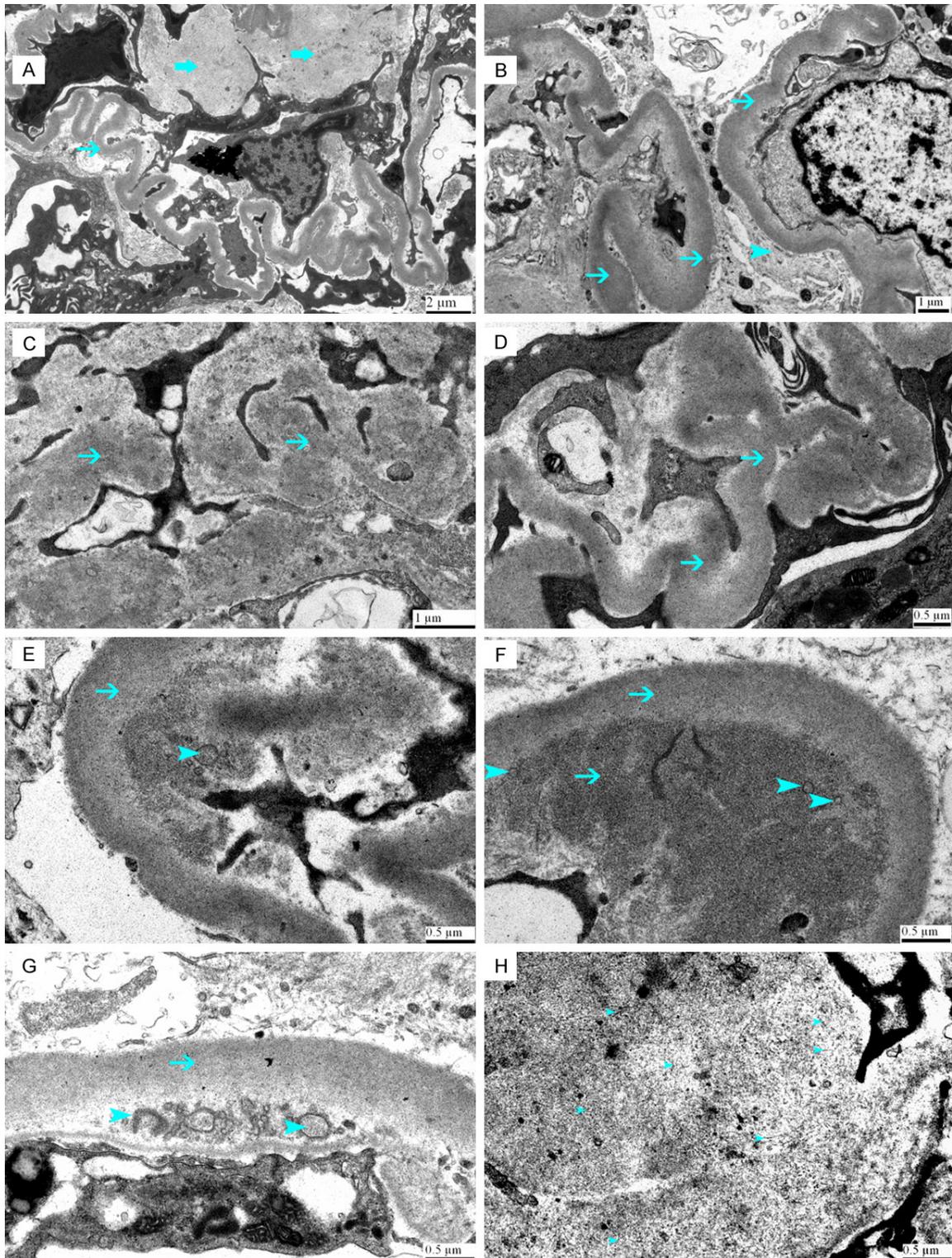
### Discussion

Crescentic glomerulonephritis is a serious disorder that must be diagnosed quickly and accurately so that appropriate management can be initiated as quickly as possible, since delay in diagnosis and treatment will have a major negative impact on the outcome due to the rapidly progressing loss of renal function. Clinicians should have a high index of suspicion especially, on facing patients with rapid deterioration of renal function, and quickly referring them to nephrologists. The diagnosis of CGN depends entirely on the identification of cellular crescents in 50% or more of sampled glomeruli.

Interestingly, the starting event in crescent formation is injury to the glomerular capillary endothelium and GBM. The damaged glomerular endothelium and GBM will permit passage of fibrin and other plasma proteins to Bowman's space, which stimulate the proliferation of visceral and parietal epithelium, as well as recruitment of inflammatory cells especially T lymphocytes and macrophages [8]. This cellular process is accompanied by a release of inflammatory cytokines and activation of coagulation cascade [8]. In this study we show a severe CGN with more than 90% of glomeruli showing cellular crescents that compress affected glomeruli leading to severe deterioration of GFR and renal function. We also show a linear glomerular membranous immunofluorescent staining with IgG and C3 as well as positive serum level for anti-GBM antibody; findings support the diagnosis of anti-GBM-associated CGN.

Anti-GBM antibodies bind primarily to the aminoterminal region of the NC1 domain of the  $\alpha 3$

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**Figure 3.** A. Electron micrograph of a glomerulus showing thickening of glomerular basement membrane with deposition of fibrillary material (thin arrow) in the basement membrane and mesangium (thick arrow). B. Electron micrograph of a glomerulus showing thickening of glomerular basement membrane with deposition of fibrillary material (thin arrow) in the basement membrane. There is effacement of foot processes of a podocyte (arrow head). C. Electron micrograph of a glomerulus showing deposition of fibrillary material (thin arrow) in the mesangium. D. Electron micrograph of a glomerulus showing thickening of glomerular basement membrane with deposition of fibrillary material (thin arrow) in the basement membrane. E-G. Intramembranous, randomly oriented fibrils of mean

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13.6 nm diameter (thin arrow) that infiltrate and thicken the glomerular basement membrane. The fibrils lack hollow centers and parallel stacking. There is subendothelial accumulation of fibrils arranged in parallel stacks (arrow head). H. Randomly oriented fibrils of mean diameter of 13.6 nm (arrow head).

chain of type IV collagen and this binding is associated with the development of progressive renal disease [9].

Mutations in the COL4A3 gene which codes the  $\alpha 3$  chain of collagen IV NC1 [10] have not been found in any experimental or clinical studies, which suggests no role of this gene in the pathogenesis of the disease. There are two distinct epitopes; EA and EB, for the anti-GBM-Ab [11]. Reports have suggested that EA and EB are hidden epitopes for B lymphocytes, covered by the quaternary structure of the hexamers created by bridges among monomers adjacent to NC1 chains [12]. The disconnection of these NC1 chains exposes the pathogenic epitopes of the  $\alpha 3$  and  $\alpha 5$  chains, leading to production of anti-GBM antibody. The crucial decisive factor of exposure of these epitopes remains unknown. However, it is assumed to be the result of a combination of factors such as genetic susceptibility, post-transcription modifications, epitope extension and environmental factors [13].

Moreover, cell-mediated mechanisms have been incriminated in the initiation of anti-GBM antibody production. T cells play a key role in response to exposure to the cryptic EA and EB epitopes, generating signals that enable B-cell proliferation and production of anti-GBM antibody [14].

High serum level of anti-GBM antibody in our patient can damage glomerular endothelial cells and GBM leading to cellular crescents [1, 8]. The hematuria and RBC casts within renal tubules also supports anti-GBM antibody damaging effect on glomerular endothelial cells and basement membrane leading to cellular crescents formation. Our patient has clear lungs and denied any history of hemoptysis, which excludes Goodpasture syndrome and supports restricted renal anti-GBM disease.

Since the establishment of laboratory tests to detect anti-GBM antibodies the number of diagnostic biopsies have been enormously decreased. Now, biopsies are more significant for determining a prognosis, computing epithelial and fibrotic crescents to decide whether to

continue with immunosuppression therapy or to prescribe more conservative treatment [15].

We also show thickening of GBM with intramembranous deposition of randomly oriented, Congo-red negative fibrils of 10-18 nm in diameter that infiltrate and thicken the glomerular basement membrane; features confirm the diagnosis of FGN.

However; the unusual and important features of this case of FGN are the presence of global linear IgG staining, largely limited to capillary walls with active cellular crescents in more than 90% of the glomeruli and positive anti-GBM antibody. Cellular crescents can be seen in FGN but this degree of severity of the disease with more than 90% cellular crescents is rarely reported in FGN-associated CGN [1].

Although it has been suggested that FGN is immune mediated [16], the exact mechanism of the disease remains unclear. Whereas fibril deposition is almost always limited to the kidney, there have been observations suggesting that FGN is a systemic, rather than a renal-limited disease as it has been shown that FGN can recur in renal transplant recipients [3], suggesting a systemic factor in the recipient.

An important question can be raised here; which event starts first; Anti-GBM antibody or FGN? The past history of the patient did not show any feature of acute renal insufficiency, which usually seen in anti-GBM antibody, besides the patient denied any previous presentation with features similar to the current illness. This might exclude anti-GBM disease as being the primary initiator and support its recent development with the initiation of current illness. Besides, it is very rare to have nephrotic range of proteinuria in CGN due to anti-GBM disease [17], hence the presence of heavy proteinuria in our case might be mainly due to FGN.

Guerin et al suggests the possibility of repeated insults to the GBM [18], may cause alterations to its structure, possibly through local inflammation, with infiltrating leukocytes-releasing granular enzymes and free radicals. This

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could favor the exposure of the globular domain NC1 of  $\alpha 3$  chain of collagen IV, which contains the cryptic EA and EB epitopes, triggering an autoimmune response. This can be triggered with different kinds of insults including extracorporeal short wave therapy [18], ureteric obstruction [19], and monoclonal gammopathy [20].

We propose glomerular basement membrane insult might have been occurred due to deposition of fibrils that might uncover cryptic epitopes and initiates anti-GBM antibody. However, these are just speculations and necessitate further studies.

We think that the high percentage of cellular crescents in our case is due to the combined insults to glomerular endothelium and GBM by deposited fibrils and anti-GBM antibody.

Our literature search identified a patient with FGN who was diagnosed as having anti-GBM-glomerulonephritis based on immunofluorescence microscopy findings [21] and another case of FGN which was diagnosed of having anti-GBM antibody by immunoassay test [22].

In conclusion, FGN should be suspected in any case of RPGN presents with a nephrotic range of proteinuria. Although light microscopic and immunofluorescent studies in a renal biopsy are essential, electron microscopic study is the gold standard in establishing the diagnosis of FGN. FGN and Anti-GBM disease can co-exist as causes of RPGN.

### Disclosure of conflict of interest

None.

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