Case Report
Primary synovial sarcoma of the larynx in a 14-year-old boy diagnosed by immunohistochemistry and fluorescence in situ hybridization: a rare case report

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Abstract: Synovial sarcoma (SS) is an aggressive soft tissue tumor, which occurs predominantly in young adults. The SS can arise in almost any part of the body, especially in the lower extremity. The SS of head and neck accounts for 1.9-3.5% of all SS, however, the mass appears very extremely rare in the larynx. We report a case of a biphasic SS in the larynx. A 14-year-old boy appeared without apparent inducement with hoarseness, dyspnea, fever, cough, hemoptysis, pharyngeal foreign body sensation, dysphagia, odynophagia and other symptoms since nearly one month ago. The patient underwent partial laryngectomy and performed a wide surgical excision of the tumor with a free margin. Pathological examinations of the tumor specimen revealed an encapsulated and firm tumor lesion. The grayish-white to dark-brown mass was 8×6×4 cm, arising from the left of aryepiglottic fold. Histological examination showed the characteristic histomorphological features such as biphasic pattern of short spindle cells and epithelioid cells, including glandular differentiation. Immunohistochemically, staining for vimentin, bcl-2 and calponin were typically positive in the spindle tumor cells. Staining for CK was typically positive in the epithelioid tumor cells. Staining for EMA, CD99 and TLE-1 were typically positive in both the epithelioid and spindle tumor cells. The presence of SYT-SSX fusion gene from chromosomal translocation was detected by FISH in this case. Two months postoperatively, the patient received local radiotherapy. Combined treatment may be effective and the patient is alive without tumor recurrence in radiological and clinical examination after 18 months of follow-up.

Keywords: Synovial sarcoma, larynx, biphasic, immunohistochemistry (IHC), fluorescence in situ hybridization (FISH)

Introduction

Synovial sarcoma (SS) is a rare and aggressive soft tissue tumor, which accounts for 7-8% of all human malignant sarcomas. WHO classification of SS is as a type of mesenchymal tissue spindle cell tumor that exhibits variable epithelioid differentiation including glandular differentiation [1], with the description of the distinctive chromosomal translocation specific t(X;18) (p11;q11) lead to the incorporation of this particular genetic aberration [2, 3]. Synovial sarcoma occurs mainly in young adults and teenagers, although they also occur in older adults and preteen children [4]. The synovial sarcomas can arise in almost any part of the body, especially in the lower extremity, often around knee joint and tendon sheath around [5-7]. The synovial sarcomas of head and neck accounts for 1.9-3.5% of all synovial sarcoma, however, the mass appears very extremely rare in the larynx [8, 9], and 23 cases in the literature arising from the larynx (Table 1).

Histological examination of these tumors has biphasic and monophasic variants, the latter are more rare and difficult to determine. When synovial sarcomas exist in such unusual sites, diagnosis only according to the histological features might be problematic. Immunohistochemistry and fluorescence in situ hybridization (FISH) play crucial roles in the diagnosis. In immunohistochemistry, spindle cell were positive staining for vimentin, bcl-2 and calponin. Immunoreactivity for cytokeratin (CK) and epithelial membrane antigen (EMA) were demonstrated in all epithelioid cells of tumor tissue. The both types of tumor cells were positive
Primary synovial sarcoma of the larynx diagnosed by immunohistochemistry and flu

Table 1. Summary of English-Literature review of synovial sarcomas of larynx

<table>
<thead>
<tr>
<th>Group</th>
<th>Total</th>
<th>Reference</th>
</tr>
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<tbody>
<tr>
<td><strong>Age (year)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10-20</td>
<td>7</td>
<td>[8, 10, 13, 21, 25, 26, The current case]</td>
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<tr>
<td>21-40</td>
<td>10</td>
<td>[9, 11, 12, 16, 19, 20, 23, 27-29]</td>
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<td>41-60</td>
<td>3</td>
<td>[15, 18, 22]</td>
</tr>
<tr>
<td>&gt;60</td>
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<td>[14, 24, 30]</td>
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<tr>
<td><strong>Location</strong></td>
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</tr>
<tr>
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<td>3</td>
<td>[17, 23, The current case]</td>
</tr>
<tr>
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<td>[30]</td>
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<tr>
<td>Arytenoid</td>
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<td>[21, 29]</td>
</tr>
<tr>
<td>Subglottic</td>
<td>1</td>
<td>[24]</td>
</tr>
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<tr>
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<td>[8, 9, 11-15, 18-21, 24, The current case]</td>
</tr>
<tr>
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<td>5</td>
<td>[10, 11, 14, 18, The current case]</td>
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</tr>
<tr>
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<tr>
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<td>8</td>
<td>[8, 9, 11, 21-23, 27, The current case]</td>
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<tr>
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<tr>
<td>CO2 laser surgery</td>
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<td>[26]</td>
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<tr>
<td><strong>Follow-up</strong></td>
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<td>0-1 y NED</td>
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<tr>
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<tr>
<td>Died</td>
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<td>[12, 28]</td>
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Abbreviation: Immunohistochemistry (IHC); Reverse transcriptase-polymerase chain reaction (RT-PCR); No evidence of disease (NED); Lymph node metastasis (LNM).

eexpression of CD99 and TLE-1 protein [31-33]. The SYT-SSX fusion gene from chromosomal translocation was detected by FISH in this case [34, 35].

**Case report**

A 14-year-old boy appeared without apparent inducement with hoarseness, dyspnea, fever, cough, hemoptysis, pharyngeal foreign body sensation, dysphagia, odynophagia and other symptoms since nearly one month ago. The patient thought he had caught a bad cold, after taking the drug did not take seriously. During the study in boarding school, the patient’s condition was not improved. As for further treatment, they went to the local central hospital for the sake of the cure. The diagnosis of pulmonary tuberculosis, the patient was given anti infection treatment. No significant improvement in disease, the patient made a chest X-ray examination and found no tuberculosis, but computed tomography (CT) examination revealed a huge tumor in the larynx (Figure 1A).
The patient had a laryngoscopy on the following day, which saw a large new tissue mass in the laryngeal cavity, took a small amount of tissue for pathological biopsy. The pathologist of the local central hospital considered as squamous cell carcinoma. The patient came to the Department of Otolaryngology, the Second Xiangya Hospital of Central South University for the differential diagnosis and therapy of tumor after a fortnight. Laryngoscopic view showed a huge, lobulated soft tissue mass in the left aryepiglottic fold (Figure 1B). Re-biopsy was performed; the lesion was diagnosed histologically as SS. The patient admitted to the Department of otolaryngology and underwent partial laryngectomy and performed a wide surgical excision of the tumor with a free margin. Two months postoperatively, radiotherapy was added. He has been followed up for 18 months and has remained free of recurrence or metastases in radiological and clinical examination. The effect of comprehensive treatment is satisfactory.

**Pathological findings**

After surgical resection of the tumor, pathological examinations of the tumor specimen revealed an encapsulated and firm tumor lesion. The grayish-white to dark-brown mass was 8×6×4 cm, arising from the left of aryepiglottic fold (Figure 2A). Histological examination of the tumor photomicrograph by H&E staining showed the characteristic histomorphological features such as biphasic pattern of short spindle cells and epithelioid cells, including glandular differentiation (red frame represent the typical photomicrograph of tumor showing biphasic pattern under the different magnification) (original magnification 100×, 200×, 400×, H&E staining).

Figure 1. A: Enhanced axial CT showed the tumor mass across the laryngopharynx, and the left side of the piriform fossa was destroyed. B: Laryngoscopic view showed a huge, lobulated soft tissue mass in the left aryepiglottic fold.

Figure 2. A: After surgical resection of the tumor, pathological examinations of the tumor specimen revealed an encapsulated and firm tumor lesion, looking grayish-white to dark-brown and arising from the left of aryepiglottic fold. B-D: The Photomicrograph showed the characteristic morph histological features such as biphasic pattern of short spindle cells and epithelioid cells, including glandular differentiation (red frame represent the typical photomicrograph of tumor showing biphasic pattern under the different magnification) (original magnification 100×, 200×, 400×, H&E staining).

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Primary synovial sarcoma of the larynx diagnosed by immunohistochemistry and flu

Immunohistochemically, staining for cytokeratin (CK) was typically positive in the epithelioid tumor cells; staining for CK (D) was typically positive in the epithelioid tumor cells. However, immunohistochemically, staining for EMA (E), CD99 (F) and TLE-1 (G) was typically positive in both the epithelioid and spindle tumor cells; the typically positive staining for p53 (H) was only in the spindle tumor cells. The proliferative index (Ki-67) (I) was found in approximately 30% of tumor cells (original magnification 200×, IHC, DAB staining).

**Discussion**

In the past, SS was considered to be a malignant tumor derived from synoviocytes. However, SS is ultrastructurally and immunophenotypically distinct from normal synovium, only...
Primary synovial sarcoma of the larynx diagnosed by immunohistochemistry and flu

rarely arising in articular cavities, and generally occurs in association with para-articular regions of the extremities, in which absent synovial tissue. In view of SS with epithelioid characteristics, it was suggested that it should be renamed as soft tissue sarcoma or spindle cell carcinoma [37].

T(X;18) translocation involved genes: SS18 gene on chromosome 18 (encoding SYT or SSXT protein) and SSX1, SSX2, SSX4 genes on the X chromosome [2, 38-41]. The data suggested that t(X;18) chromosomal translocation only occurred in synovial sarcoma. Other soft tissue sarcomas have specific genetic abnormalities. The characteristics of Ewing family of tumors are frequent occurrence of t(11;22) (q24;q12) chromosomal translocation [42].

T(12;16)(q13;p11) is a translocation specific for the myxoid liposarcoma and round cell liposarcoma [43].

The patient had been diagnosed as pulmonary tuberculosis with fever and bloody sputum symptoms in the local central hospital. It was because they had ignored the patient had pharyngeal foreign body sensation, dysphagia symptoms. Primary malignant tumors of the larynx are predominantly classified as squamous cell carcinoma, which usually occur in older people. Pathologist of the local central hospital diagnosed as poorly differentiated squamous cell carcinoma because of epithelioid cell components of tumor, while ignoring the gland components and spindle shaped stromal cell. A 14 years old patient diagnosed as squamous cell carcinoma should be suspected by pathologists. Immunohistochemistry and FISH can improve the accuracy of diagnosis, so as to promote the proper treatment plan. P53 gene mutation is a poor prognostic factor [44, 45]. In this case, the p53 immunohistochemically reaction was positive in spindle cells and Ki-67 was found in approximately 30% of tumor cells, indicating that the prognosis of the patient might be not good.

Because of the rare SS of the larynx and lack of consistent prognostic markers, there is no clear consensus to treat these patients. The optimal treatment for synovial sarcoma is multimodal and has not yet been established, and treatment is often based on accumulative reports (Table 1). Radical surgical excision is generally accepted as the primary of therapy, combined with adjuvant chemotherapy and radiotherapy. In the head and neck region the anatomical complexity of the surgery, complete resection with adequate margins is very difficult or impossible in many cases. Therefore, the treatment effect is not the same for each patient.

Since there are few cases of laryngeal synovial sarcoma, each new case will bring some new information about diagnosis and treatment. Each case of laryngeal SS should be published, because it is very important to understand the new aspects and treatment strategies of suffering from this rare tumor.

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Disclosure of conflict of interest
None.

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Primary synovial sarcoma of the larynx diagnosed by immunohistochemistry and flu

References


Primary synovial sarcoma of the larynx diagnosed by immunohistochemistry and flu


